



CV Owolabi Peter Oluwabunmi

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OWOLABI PETER OLUWABUNMI
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PROFESSIONAL SUMMARY

Intelligent, Enthusiastic, Energetic and Proactive Registered nurse with 3years working experience, committed to providing quality and compassionate patient-centered care with proven ability to contribute to team success through hard work and commitment. I have keen interest in research and to broaden my knowledge on health care policies, in preparing myself to be more professional and globally competitive. I'm also leveraging my excellent record of nursing education, training, hands-on clinical/internship experience and outstanding interpersonal skills; to attain the maximum level of competence while caring for patients with varying levels of ailments through quality assessments, nursing care and good nurse-patient relationship. A passionate, adaptable, flexible caring nurse with a wealth of experience and potentials in providing evidence-based and person centered care plans for patients with learning disabilities, dementia, depression, diabetes, hypertension, paralysis, asthma, hyperglycemia, hypoglycemia, neurological and surgical ailments, I'm willing and available for added responsibilities, working patiently with multidisciplinary teams to meet specified goals, promoting excellence and organisational policies.

PROFESSIONAL SKILLS

Patient care, privacy and confidentiality .
Good verbal and written Communication skills.
Good team player with good judgement, and positive attitude
Excellent organizational skills and problem-solving attitude
Ability to work with little supervision.
interpersonal Skills
Computer skills
IV cannulation and sample collection
Catheter and bowel care
Administration of drugs
Documentation of care plans.
Physical health assessment

PROFESSIONAL EXPERIENCE

NURSING OFFICER
Mountain Top University, KM 12 Lagos-Ibadan expressway, Prayer City, Ibafo, Ogun State
2020 – Present.

Achievements and responsibilities:

- Providing full collaborative support to the multidisciplinary team in order to achieve a world class care to service users.
- Educating patients, individuals and families on triggers of illness.
- Adherence to hospital procedures, policies, and protocols to support patient safety.
- Undertaking delegated clinical roles from the managers.
- Collaborating with nursing team to create a plan of care for all patients.
- Assisting with patient hygiene, physical comfort, eating and drinking and mobility while observing and reporting specific changes.
- Maintaining patient stability by checking vital signs and weight and recording intake and output.
- Working flexible hours; night, weekend, and holiday shifts.

- Prompt removal of potentially harmful instances and triggers from Patient's environment
- Coordinating and reviewing personalized Care plans for patient with dementia, eating disorders, bipolar disease, schizophrenia, depression and anxiety neuroses.
- Combating stigma and assisting patients manage their emotions through de-escalation techniques.
- Utilizing the Nursing Process to assess, plan and evaluate patient care in accordance with established policies and procedures in consultation with health care professionals.
- Ensuring safe medications and injections.

Ensuring Oxygen therapy, wound dressing, nebulisation, suctioning, catheter care and intravenous fluid administration.
Ensuring palliative and end of life care as well as giving psychological support and guidance to relatives.
Keeping and maintaining accurate records and charts of patient's care.
Strict adherence to infection prevention and control
Provided empathetic care for specific symptoms of mental illness, helping patients overcome challenges and stigmatization.

STUDENT NURSE

ECWA School of Nursing,
Egbe,
Kogi State,
2016-2019

Achievements and Responsibilities:

Vital signs taking and monitoring

Wound dressing, nebulization, aseptic techniques

Tube feeding (gastrostomy & NG tubes)

Assisted with personal care, hygiene, feeding and mobility support.

Engaged patients in conversations to know their needs and concerns.

Carried out risk assessment and ensured safety, rights, equality, respect, confidentiality and dignity of care users.

Monitored and documented vital signs, weights, and fluid charts

Assisted with personal care including bed making, dressing, bathing, feeding, toileting, mobility support, catheter care and daily routines.

Provided empathetic care for specific symptoms of mental illness, helping patients overcome challenges and stigmatization.

Implemented and evaluated evidence based nursing care plans.

Education Registered Nurse.(2019)

ECWA School of Nursing and Midwifery Egbe, Kogi State.

Obafemi Awolowo University (2016)

Ile-Ife, Osun State

Microbiology

The Federal Polytechnic (2007)

Ado-Ekiti, Ekiti State

ND electrical/electronic engineering

References (available on request)

Valid IELTS academic (7.0)